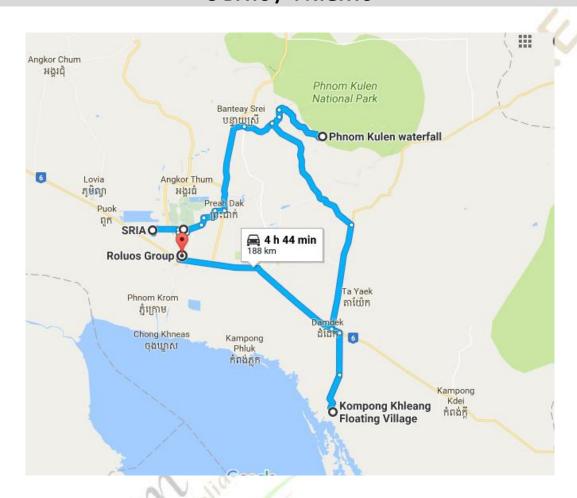


Multisport – Best of Angkor 5 DAYS / 4 NIGHTS



Day	Destination	Activity	Difficulty	Transfer	Meals	Hotels
1	Siem Reap	Vespa Foodie Tour	-	20 mins	-/-/D	Stueng Siem Reap Thmey
2	Angkor Park	Cycling up to 40 km and Cambodian Circus	Easy	20 mins	B/L/D	Stueng Siem Reap Thmey
3	Kulen Mountain	Trekking, Swimming, and Camping	Easy	50 mins	B/L/D	Semi-Glamping Camping on Riverside
4	Tonle Sap Lake and Roluos	Kayaking and Apsara dinner show	N/A	1 hour	B/L/D	Stueng Siem Reap Thmey
5	Siem Reap	Free time or Sunrise at Angkor Wat before departure	Easy	20 mins	B/-/-	N/A



Day 1: Siem Reap Arrival and Vespa Foodie Tour

(-/-/D)

After arriving in Siem Reap airport and clearing customs, our guide and driver will be waiting outside with a signboard with your names on it. They will help with your luggage and provide transport into the city to the hotel. Relax a bit before your evening adventure!

This evening you will enjoy taste of Cambodian Street food with Vespa Foodie Tour with your very own personal chauffeur. From the Pub Street comfort zone and after a refreshing Vespa ride, night has fallen and you will find yourself in the middle of the hustle and bustle of street vendors inviting you to taste a seemingly endless variety of unusual foods and fruits that offer a spectacular diversity



of flavors and colors. Not all is for the fainthearted, but then of course you are not.

The next stop of the tour is at a typical local grill and drink stand where tasty snacks and drinks are served. When you look around you will see only local customers enjoying the great food that is freshly prepared right in front of your eyes.

Into the night you move to yet another part of Siem Reap town with numerous night spots that are frequented by local clientele. Our destination is a special restaurant that is hidden in plain sight between

the bars and nightclubs. This restaurant boasts a local menu that stands out in quality and variety. A selection of their best specialties will be served, accompanied by drinks and local music performances.

Just when you think that this is the end of the tour you are again in for a refreshing after dinner ride on the way to the desert of the tour. Located in again another part of town you will enter a typical Cambodian style house to be introduced to the magic art of rice wine infusion with special herbs and spices. You will taste



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these tropical concoctions, which will be complemented by a selection of local sweets.

The presentation of a special souvenir marks the end of the tour and your driver will bring you safely to your hotel or, at your choice, drop you off in the city center of Siem Reap.

Overnight in Siem Reap

<u>Distance and journey Time</u>

Transfer from Airport to Hotel: 25 mins
Foodie Tour: From 6-10:00pm

January 2020 <u>www.fathomasia.co.nz</u>



Day 2: Cycle the Jungles of Angkor

(B/L/D)

Today is fantastic! Set out directly from your hotel to explore **Angkor Park** via bicycle this morning, pedaling through dense jungles of the magnificent temples of Angkor.

Arrive the back way for a visit to **Ta Prohm** temple (a setting of one of the Tomb Raider films), built in the mid-12th to early 13th centuries in dedication to Jayavarman VII's mother. Ta Prohm is unique in that it has been left largely as it was found: overgrown by jungle, trees and vines, with many parts of the temple crumbling to the ground. This makes Ta Prohm one of the most picturesque and memorable of the Angkor temples.

From Ta Prohm, dive back into the jungle and pedal through hidden passages to the ruins of **Ta Nei** (Grandfather Nei) and **Preah Khan** (dedicated to Jayavarman VII's father) before heading to **Angkor Thom**.



This was the last capital of the Great Khmer Empire under the reign of Jayavarman VII. An eight meter high wall draws a perfect square around the city ruin. Enter through the ancient East Gate. On each side of the entrance path a row of fifty-four gods and demons hold the sacred Naga snake of Hindu lore.

From the walls of Angkor Thom, head inward for **Bayon Temple** in the exact center of the city. This 12th century masterpiece is a study in grandeur and is well-known for its fifty-four towers with enigmatic faces representing the fifty-four provinces of the Great Khmer Empire. The **Terrace of the Elephants** and **the Terrace of the Leper King** are also must-visits as they are both known for their intricate bas-reliefs.

Southward now, through Angkor Thom to the famous **Angkor Wat**, the largest religious monument in the world. It was originally constructed as a Hindu temple of god Vishnu gradually transforming into a Buddhist temple toward the end of the 12th century. Built during the reign of King Suryavarman II, Angkor Wat is constructed following the model of the temple mountain symbolizing Mount Meru, the home of the gods. Inside the temple, the walls are covered with stone carvings and bas-reliefs depicting Hindu mythology and the wars Suryavarman II fought during his reign. Angkor Wat is well known for the more than 2,000 Apsara dancers decorating the temple. Construction is thought to have taken around thirty years of intensive labor. Today, Angkor Wat is figured on Cambodia's national flag as the temple symbolizes the soul of the Khmer people.

One of the first Western visitors to the temple was António da Madalena, a Portuguese monk who visited in 1586 and said that it "is of such extraordinary construction that it is not possible to describe it with a pen, particularly since it is like no other building in the world. It has towers and decoration and all the refinements which the human genius can conceive of."

Enjoy an evening of culture at Phare Cambodian Circus Show. Set up by refugees of the Khmer Rouge era, Phare promotes performing arts as a way to cope with trauma. Over the years they have not only helped hundreds of Cambodians but also helped to promote traditional Khmer culture.

Then sit down for dinner, a feast of traditional Cambodian dishes.



Afterwards the lights will dim and the performers will take to the stage. The hour-long show tells stories of modern life in Cambodia through a rich spectacle of song, dance and acrobatics. The performers combine traditional Khmer theatre with modern influences resulting in an entertaining and enthralling show.

Following the show there is an opportunity to take photos with the cast, a spectacular memory of the evening's performance.

Overnight in Siem Reap.

Distance and journey time:

Transfer from Angkor Complex to hotel: 20 minutes

Cycling distance up to 40 km

Difficulty: Easy

Day 3: Trek – Swim- Camp on Kulen Mountain

(B/L/D)

After breakfast, transfer the base of **Kulen Mountain**. Kulen Mountain (Phnom Kulen) is an impressive sandstone plateau in this otherwise flat area. The mountain is considered the birthplace of the Khmer empire and a sacred place for the Khmer. At the top of Phnom Kulen, discover stone carvings in a riverbed, a large reclining Buddha from the 16th century, and several hidden pagodas.

After a nice climb you'll arrive at a nice Pagoda overlooking the valley below. This place is special for Khmers because of the fresh spring water rising up through the pagoda itself. After a brief visit, continue trekking through a jungle path until you reach a very popular spot: The **Kulen Waterfalls**. Stop here and swim and have lunch along the riverside.

Next, continue your trek to reach **The Big Buddha**, which is a famous religious site where the budda is actually carved out the actual mountain top. Not too far to go now until you reach the riverside campground nestled in the jungle. Enjoy the rest of your afternoon exploring and enjoying the river.



This evening enjoy dinner by the riverside and see the magnificent stars. Tonight we are at a nice riverfront campground and overnight in tents.

Overnight in Campground

Distance and journey time:

Transfer to Kulen: About 1 hour 20 minutes

Trekking: About 8km

Difficulty: Easy



Day 4: Roluos Temples - Kayak Floating Villages of the Tonle Sap

(B/L/D)

Wake up to fresh mountain air and enjoy breakfast before transferring back towards Siem Reap.

Start your day with a transfer to the shores of **Tonle Sap Lake**, where you will have the opportunity to learn about life on the lake. Tonlé Sap is South East Asia's largest freshwater lake with its size varying greatly depending on the season, as it is swelling to about four times its size during the wet season.

Kayak across the Tonle Sap floodplain over paddy fields between trees and into the stilted village of **Kampong Kleang**, where the houses tower 8 meters above in the dry season but when the lake is full you can look onto the balconies. We paddle through the village finishing at Mrs Hong's house for a late lunch on her verandah overlooking the pagoda.



Available August to March. Suitable for families with children. Age 6+ in double kayaks with life jackets and support motorboat. Note: If the water level is too low, we will go to an alternate location that is equally enjoyable – No worries it will be super fun!

Afterwards and if time allows, pay a visit to the early temples of the **Roluos Group**. Roluos is the site of an ancient centre of Khmer civilization known as Hariharalaya. It was the first town built by the Angkorian kings in the 8th and 9th century and consists of three main temples: **Bakong, Lolei** and **Preah Ko**. The surrounding countryside with its rice paddy fields and sugar palm trees are very typically Cambodian.

Tonight enjoy the amazing Apsara Dance Performance and dinner at Kanell Restaurant.

Distance and journey time:

Transfer from hotel to lake: About 1 hour & versa

Transfer to Phare: 25minutes Boat Trip: 1hr 30 mins

Day 5: Siem Reap Departure

(B/-/-)

Option 1: Enjoy the morning at leisure before being picked up by your guide to transfer to the airport. Don't forget to do some souvenir shopping.

Option 2: Get up extra early and take a packed breakfast from your hotel and go see sunrise at Angkor Wat. It's really special. Afterwards, depending on your flight time, visit a few more temples before checking out of the hotel by 12PM. Then transfer to the airport for your onward flight.

Alternately, please ask about extension trips to Phnom Penh, the islands off the coast, or another Multisport Adventure down in the Jungles and Mangrove forests of Koh Kong province along the coast.



<u>Distance and journey time:</u> Transfer to airport: 20 mins

*****END OF SERVICES****

"An itinerary may at times be altered by our guides due to local conditions, the skill of participants and other unexpected circumstances. Our priority is always the experience and safety of our clients."

RATES AND CONDITIONS

ACCOMMODATION

Location	Hotel	Hotel Category	Room Type
SIEM REAP	Stueng Siem Reap Thmey Hotel	First Class	Deluxe Room

PRICING: in US Dollars per person for shared twin/double

Rates are valid until: 31 December 2020

Number of persons/ Hotel Category	1	2	3-4	5-6	7-10	11-15	Single Supplement
Net Price per Person	2,025	1,280	1,110	965	945	890	130

Note: Reservations during peak times (Christmas, New Year, Vietnamese Lunar New Year, National Holidays) may be subject to supplementary charges and compulsory meals

❖ HOTELS SEASONAL SURCHARGES:

HOTELS	PERIOD	SURCHAGE	
Stueng Siem Reap Thmey	Christmas, New Years, Chinese New Year, and Khmer holidays(01 – 02 Jan 2020) (24 – 26 Jan 2020) (28 Dec 20 – 02 Jan 2021)	US\$15 per room / night	

Our services include:

- Luggage transfer
- Plenty of water per person per trekking day
- Bike rental with helmet for cycling days; tents and bedding on camping days; kayak with life preserver on kayak days.
- Snacks and local fruit
- Cold towels
- Certified English speaking guide
- 1 assistant guide for 08-15 pax, 2 assistant guides for 16+ pax



- Vehicles: (varies based on local conditions and vehicle sizes available)
- 1 first aid kit per guide
- Sightseeing tickets and zone entrance fees where mentioned in the itinerary
- Meals as mentioned in the itinerary (B Breakfast, L Lunch, D Dinner)
- Accommodation as listed above.
- Flight reconfirmation

Our services don't include:

- Visa or visa arrangements
- International and domestic flights.
- Sunscreen, mosquito repellent, hats and protective clothing
- Soft drinks, or beverages beyond water we can add this into costs at agents request
- Beverage and alcoholic drinks at mealtimes
- Meals other than mentioned above
- Tips
- Energy drinks or powders, performance bars, or performance gels, etc.
- Personal Travel Insurance
- Personal expenditure (laundry, telephone etc.)
- Credit card/bank transfer fees
- Any other services not clearly mentioned in the itinerary and in the inclusive portion
- Additional language speaking guides

Important Notes:

- We strongly recommend the purchase of travel insurance (covering emergency medical evacuation) for trips.
- Prices are valid 30 days from date of offer. Past this date price and conditions may be readjusted.
- Reservations during peak times (Christmas, New Year, National Holidays) may be subject to supplementary charges.
- Rooms at hotels are available only from 1400 on arrival day till 1200 on departure date. A supplement will be added if early check-in or late check-out is desired.
- Please note that all the above services & tours have yet to be booked, they are proposed for your
 information only and we will not make any reservations before we receive your confirmation to
 do so.
- If one or some proposed service(s) is (are) not available at the moment of booking, we will try to find other possibilities/options or other similar service(s) in order to avoid changes to the program.
- Payment/ cancellation: 30% non-refundable deposit at the time of booking, balance due 60 days prior to departure. All payments to be made in NZ\$ using latest exchange rates at the time of booking/ balance due date. Cancellation conditions/ charges per our <u>T&Cs</u>.