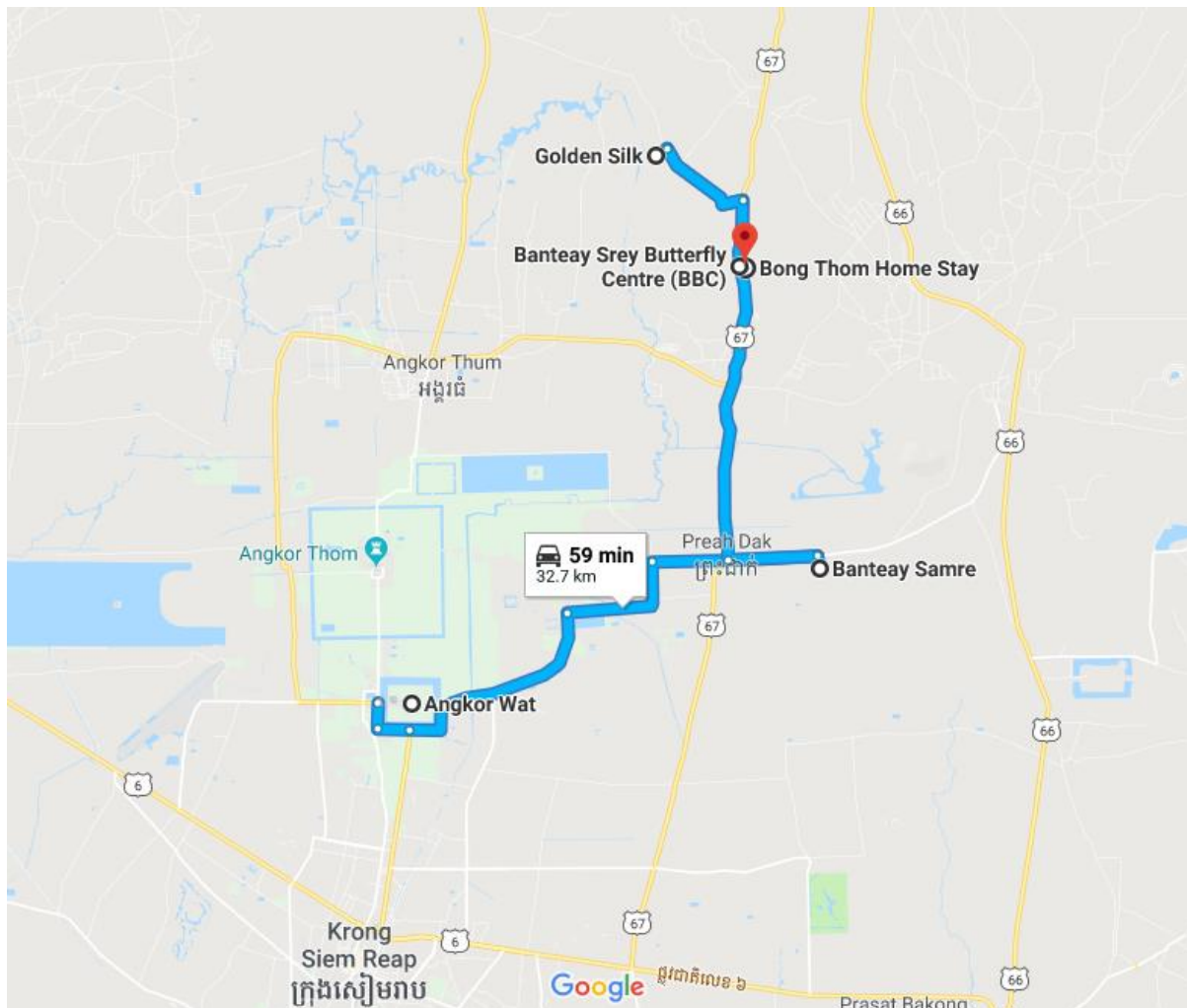


Family and Friends Multisport Extravaganza 12 Days/11 Nights



Overview:

This is truly multisport adventure fun for all your family and friends. Cycle the real Cambodian countryside, explore ancient temple ruins, stay in authentic homestays, trek remote mountain jungles, camp under the stars, swim in the cool mountain river. Cycle the mountain plateau and descend to another temple ruin and homestay in a new village then cycle back to Siem Reap, the home of Angkor. Now it's time to ride horses, ride ATVs, cycle the jungles of Angkor, ride ziplines, and go kayaking on the Tonle Sap lake and her floating villages. Don't forget dinners on the lively Pub Street, the Cambodian Circus, and very lovely Apsara Cultural Dance Shows. Talk about a seriously fun and adventurous trip! This one has it all for you and your family and friends. You can do it and share the memories together forever! Cambodia awaits you.

Day	Destination	Activity	Difficulty	Transfer	Meals	Hotels
1	Arrive Siem Reap	Relax, recover, then dinner then Phare Circus	-	25 mins	-/-/D	Somadevi Angkor
2	Banteay Srei	Cycle to Banteay Srei; visit Samre temple, Butterfly farm and Silk Farm (35-40km total cycling)	Medium	-	B/L/D	Homestay
3	Kbal Spean	Visit Banteay Srei temple before the crowds then Trek about 20km	Medium	15 min	B/L/D	Tent Camping in small village
4	Into the remote Kulen Mountain	Trek about 14km	Medium / Hard	-	B/L/D	Tent Camping in remote forest
5	Kulen Waterfalls	Trek about 14km	Medium / Hard	-	B/L/D	Tent Camping Campground on the river
6	Beng Mealea	Cycle to Svay Leu 26km then 10km to Beng Mealea	Medium / Hard	-	B/L/D	Homestay
7	Siem Reap	Cycle to Beng Mealea for visit, then cycle to Siem Reap (55km cycling), horseriding	Medium	-	B/L/-	Somadevi Angkor
8	Siem Reap	Rest day until afternoon ATV tour and Apsara show	Easy	-	B/-/D	Somadevi Angkor
9	Angkor Wat	Cycle the Jungles of Angkor 30km	Easy / Medium	-	B/L/-	Somadevi Angkor
10	Tonle Sap Lake	Kayak Tonle Sap plus Roluos Temples visit; option to cycle too	Easy	1.5 hrs & versa	B/L/-	Somadevi Angkor
11	Angkor Wat	Zipline then Angkor Park.	Easy	-	B/L/D	Somadevi Angkor
12	Departure	Departure	Easy	25 min	B/-/-	-

Day 1: Siem Reap Arrival

(-/-/D)

Welcome to Cambodia!

Upon arrival at the Siem Reap International Airport you will have Visa fast track service (Visa included). Please look for your name on a signboard as you exit the aircraft in the terminal. They will help you with the process. Once outside after you clear customs, meet your Adventure guide who will transfer you to the hotel.



Enjoy the rest of your day recovering from the flight as you get prepared for the next several days of Adventure!

Tonight, leave the hotel at 6pm to go to dinner at Phare Circus restaurant at before enjoying the 8-9pm show.

Tonight, enjoy an evening show and go see **Phare Ponleu Selpak** (PPS), which means “the brightness of art,” is a cultural organization in Cambodia, that offers young people a way out of poverty by training them to become professional artists and performers. PPS teaches circus skills, theater performance, music and a range of visual arts. It combines local traditions with new creative and innovative genres. This Cambodian non-profit association steers underprivileged children and youth towards a better quality of life through cultural, artistic, educational and social skills. Take part to this extraordinary human adventure and witness for one evening the astonishing skills of these young artists.



Overnight in Siem Reap.

Distance and journey time:

Transfer from airport to hotel: 25 minutes

Difficulty: Easy

Day 2: Cycle to Banteay Srei and Khmer Homestay

(B/L/D)

Today is a fantastic day! After breakfast, meet your guide and begin cycling out of Siem Reap town. Pass through villages and hear the hellos of the children. Stop along the way at **Banteay Samre**, a very nice Angkorian temple steeped in history and then cycle on and visit the **Golden Silk Farm**, a local NGO which helps to revive the ancient Khmer know-how in silk activities and provides job opportunities to more than 100 local staff. The farm area, mulberry trees and weaving ateliers can be seen as part of the guided tour. Golden Silk products are ecologically produced from the yellow silkworm which is unique to Cambodia. Some of the silk products are months, or even years, in the making and each one is unique. This is one for the connoisseurs of high quality craftwork.

Continue cycling to the **Angkor Butterfly Center** (Banteay Srei Butterfly Centre (BBC), where it is possible to experience butterflies feeding and flying very close at hand and to witness the complete life cycle of many species. The exhibit consists of a netted tropical garden with thousands of free-flying butterflies, all of which are native species to Cambodia. Revenue generated by tourist admissions provides support for local poverty alleviation and conservation projects. Afterwards, cycle or transfer to your authentic Khmer homestay and enjoy meeting the locals and eating and sleeping like the locals do. This is a great and unique experience.

Overnight homestay.

Distance and journey time:

Transfer: None

Cycling distance: about 40km

Difficulty: Easy

Day 3: Banteay Srei Visit and Trek to Kbal Spean

(B/L/D)

After breakfast, cycle or transfer about 7km (before the crowds) to the “gem” of the Angkor area, the pretty temple of **Banteay Srei**. The so-called “Citadel of the Women” remains the best preserved temple in Cambodia. It displays some of the finest examples of classical Khmer art as this small temple is noted for its truly remarkable fine bas-reliefs. Banteay Srei is unique in that it is constructed of pink sandstone, which is seen nowhere else in Angkor.



Afterwards, transfer a short ways and begin trekking to **Kbal Spean**, where you can see the waterfalls with the famous **1000 Lingas** (if you don’t know, Lingas are actually ancient Khmer sculptures in the form of male genitalia in “Honor of the Gods”).

Tonight, we overnight in tents in a small village at Kbal Spean. What a fantastic place it is.

Distance and journey time:

Transfer: None

Cycling distance: about 7km

Trekking: About 20km

Difficulty: Easy

Day 4: Trek to Kulen Mountain Remote Forests

(B/L/D)

After breakfast, we start to trek from the mountain range and see the views of the mountain, green fields, farms, and the villagers along the way. On the way from the mountain range to the main road, we can have a back-up truck for delivery of our supplies and gear.

Keep going, we can see many good places for relaxing. As we get closer to the mountain range, there is a small river where the villagers can have water to drink when they go to their farms and we have lunch before starting to the other side of Kbal Spean.



After lunch we will move on to reach the top of the mountain, on the way you can see flowers and the big stones and it good for photography as well.

We keep moving into the deep jungle and you can see a small river called Ou Thom, where you can see the water flow down and relax can take the water from there to drink (Note: We will have clean and purified water for drinking, not from the river) and continue our trekking.

It’s a little bit hot if no rain on the trekking in the deep jungle, and you can see some birds that are trying to stay hidden from us inside the jungle. We are trekking for about 14km today. Keep moving to the other side where we overnight in a rugged and remote area.

We will not have electricity or running water. This is real camping. Our “Sherpas” will carry all our supplies and gear and setup nice tents and bedding. They will prepare a fire and our BBQ food for the evening. We sit around the fire and have a nice meal and drinking. We are in the wild. Good night.

Note: We will have Cambodian “Sherpas” to carry supplies and set up the tents and whatnot. In the event of any emergency, these local Sherpas are knowledgeable to assist in carrying (if needed) people to safety. The furthest distance to motorized evacuation is about 6km (conservative estimate).

Distance and journey time:

Transfer: None

Trekking: About 14km

Difficulty: Medium

Day 5: Trek to Kulen Mountain Waterfalls

(B/L/D)

After breakfast, it's an awesome trek the **Kulen Mountain waterfalls**.

We pass many mountains, pepper farms to the mountain foot. There is no way for truck to go. It's more beautiful than yesterday, the flowers are surrounding by your both sides and the green fields. There are some places have internet and some places are none. The trekking way is fully by a sands. There are too hot because we have to walk under the sun within the trees are being less. But when we are getting close to the mountain range, it could be colder than normal. Also for today we have to try our best to climb up the slopes and the big stones, but there is less water today than yesterday. But the views are more beautiful and we will pass many national parks and other mountain call Phnom Ta Mav. On the way, we can see the some birds that its try to escape from us and fly to the summit of the trees so we cannot see it as well.



Most of the trip today we always climb up the slopes so it be more exhausted than yesterday. Keep moving towards the jungle, we will can see the slope and the big stone called **Perng Bak**, where in the half of the mountain. We are reaching to the Village name **Por Pel**. So when we reach to village we can have a transfer by Moto to the Waterfalls (*Note: We should trek this however*), where we swim in the famous Kulen waterfalls (it will probably be busy with tourists) and then trek a short ways to the **Big Buddha** for a visit and then trek 2km to overnight at a very nice campground on the river. Our tents are on raised platforms and we have proper toilets, showers, and electricity.

Tonight, we have an excellent meal, campfire, and stars. Relax and enjoy the sounds of the river. Sleep well.

Distance and journey time:

Transfer: None

Trekking: About 14km

Difficulty: Medium / Hard

Day 6: Cycle to Beng Mealea

(B/L/D)

After your breakfast, we begin a great day of cycling across the top of Kulen Mountain. Its 26km of forests and plains across the plateau. Along the way, stop and visit the big elephant sculpture

(**Elephant Pond**) and the **Bat Cave**. Descend the mountain to **Svay Leu** and then cycle the last 10km to the **Beng Mealea homestay**.

Have a nice local meal and a local style shower. This is your last day of living in the wild so to speak. Enjoy it and know that tomorrow, the hotel in Siem Reap awaits you!

What a great day!

Option: Instead of cycling you can do:

After breakfast, transfer by moto about 12km and then start to trek from a village call Phum Tmey to Wat Pres Kral for lunch. And after lunch we move on to the jungle there is a good way for trekking and also cycling from the opposite destination. There are creeks and brooks that we cross. We trek and see the big elephant sculpture (Elephant Pond) and the Bat Cave, it a long way to trek. On the way we can see the Cashew nut farm and rice fields. Once past, we relax a bit before we start we move to downhill (90% steep slope for 4km). This can be very slippery after rain. But we can also make it in an hour. Finally we can reach to Van. Thank the lord Buddha for the van! And transfer to Beng Mealea homestay. It is a really amazing trip.

Overnight at Beng Mealea

Distance and journey time:

Transfer: None

Trekking: About 36km

Difficulty: Medium / Hard

Day 7: Cycle to Beng Mealea and Horse riding

(B/L/-)

Cycle a short ways to **Beng Mealea** temple and visit before the crowds, then cycle 55km on red dirt roads and true Cambodian country to Siem Reap. Remember...you can transfer in aircon van anytime you like, especially if we are late to get to horseback riding.

Head to the **Happy Ranch** outside of Siem Reap, a western style horse ranch. There, you will get acquainted with your horse of pure Cambodian breed, a descendant of the Mongolian wild horses. Enjoy the countryside on horseback! During the 3 hour trail ride you will get to places far outside the tourist area, through the rice fields and local villages to the rarely visited temple of Wat Atvea. Explore the peaceful temple ruins of the Angkor-era, a truly authentic experience. Afterwards, transfer to your hotel and relax. Enjoy free time this evening and eat dinner on your own on **Pub Street**.

Overnight in Siem Reap

Distance and journey time:

Transfer: None

Cycling: About 55km

Difficulty: Medium

Day 8: Rest Day then ATV and Apsara Show

(B/-/D)

Sleep in today and recover from your adventures a bit. This afternoon, get picked up and taken for an afternoon 3 hour **4WD ATV adventure** (note may be a join in tour).

An unforgettable experience as you will ride a quad bike especially designed for off road terrain through the beautiful countryside of Siem Reap Province. The guided tour will take you to local

villages, where you can learn about the way of life in rural Cambodia and have the chance to meet and chat with the wonderful and friendly people. The highlight of the tour is the sunset in the rice fields.

Afterwards, head to **Raffles Grand Angkor** and have a nice set dinner while watching their famous **Apsara Dance and Cultural show**.

Overnight in Siem Reap.

Distance and journey time:

Transfer: 25 min

Difficulty: Easy

Day 9: Cycle the Jungles of Angkor

(B/L/-)

Set out to explore **Angkor Wat** via bicycle this morning, pedaling through dense jungles of the magnificent temples of Angkor.

Begin with a visit to **Ta Prohm** temple (a setting of one of the Tomb Raider films), built in the mid-12th to early 13th centuries in dedication to Jayavarman VII's mother. Ta Prohm is unique in that it has been left largely as it was found: overgrown by jungle, trees and vines, with many parts of the temple crumbling to the ground. This makes Ta Prohm one of the most picturesque and memorable of the Angkor temples.



From Ta Prohm, dive back into the jungle and pedal through hidden passages to the ruins of **Ta Nei** (Grandfather Nei) and **Preah Khan** (dedicated to Jayavarman VII's father) before heading to **Angkor Thom**. This was the last capital of the Great Khmer Empire under the reign of Jayavarman VII. An eight meter high wall draws a perfect square around the city ruin. Enter through the ancient East Gate. On each side of the entrance path a row of fifty-four gods and demons hold the sacred Naga snake of Hindu lore.

From the walls of Angkor Thom, head inward for **Bayon Temple** in the exact center of the city. This 12th century masterpiece is a study in grandeur and is well-known for its fifty-four towers with enigmatic faces representing the fifty-four provinces of the Great Khmer Empire. The **Terrace of the Elephants** and the **Terrace of the Leper King** are also must-visits as they are both known for their intricate bas-reliefs.

Southward now, through Angkor Thom to the famous **Angkor Wat**, the largest religious monument in the world. It was originally constructed as a Hindu temple of god Vishnu gradually transforming into a Buddhist temple toward the end of the 12th century. Built during the reign of King Suryavarman II, Angkor Wat is constructed following the model of the temple mountain symbolizing Mount Meru, the home of the gods. Inside the temple, the walls are covered with stone carvings and bas-reliefs depicting Hindu mythology and the wars Suryavarman II fought during his reign. Angkor Wat is well known for the more than 2,000 Apsara dancers decorating the temple. Construction is thought to have taken around thirty years of intensive labor. Today, Angkor Wat is figured on Cambodia's national flag as the temple symbolizes the soul of the Khmer people.

Tonight, have dinner on your own again somewhere on Pub Street. Happy choosing to you!

Overnight in Siem Reap.

Distance and journey time:

Transfer from Angkor Complex to hotel: 20 minutes

Cycling distance up to 40km (but normally 30km)

Difficulty: Easy

Day 10: Kayak the Tonle Sap and Visit Roluos

(B/L/-)

Today, after breakfast, get picked up at the hotel and go on 5 hour trip of kayaking adventure on the Tonle Sap, Asia's largest freshwater lake.

A kayaking adventure to the small floating village of Maichrey that moves from it's flooded season location beside a small hilltop pagoda to the edge of the open lake as the water recedes. We paddle between the floating houses and out towards the open lake where we'll stop for refreshments on the verandah of a floating house or onboard our support motorboat.

An afternoon trip available year round. Suitable for families with children in double kayaks with life jackets and support motorboat.

On the way back and if enough time, visit the **Rolous Group** of temples, a very nice set of temples rich in Angkorian history.



Option to cycle to and from both ways. Please advise how you feel about it the day or two before so we can arrange.

Tonight, have dinner on your own at Pub Street area

Overnight in Siem Reap.

Distance and journey time:

Transfer: 1.5 hrs and versa

Difficulty: Easy

Day 11: Zipline Angkor and Trek Angkor

(B/L/D)

This morning after breakfast, transfer by tuk tuk to "**Angkor Zipline**" formerly called Flight of the Gibbons, a Zip line Eco-Adventure Tour at the Angkor Archaeological Park. Offering 10 zip lines at different heights, suspended sky bridges and the chance to abseil from a tree this is an excursion for those with a sense of adventure who want to soar over the jungle canopy like a gibbon!

Transfer to the zip line site before receiving a safety briefing and being outfitted. After the adventure begins: start with the easiest zip lines before proceeding to the highest and most exhilarating. The highest zip lines are at 50 meters above the canopy and the longest 350 meters. From the last zip line the final adventure is to abseil down before a soft trek through the forest takes you back to the starting point. (Note: This is a join in tour and you may have up to 7-9 people in your group. Please

wear sport shoes).

After lunch at the zipline, your guide will help you to visit more temples of your choosing. There are so many. Happy choosing.

Tonight, have a nice celebratory farewell dinner at **Malis**. Truly one of the finest restaurants in town. What an incredible trip. Celebrate tonight!

Overnight in Siem Reap

Distance and journey time:

Transfer: 25 min each way

Difficulty: Easy

Day 12: Departure

(B/-/-)

About 2.5 hours before your flight, meet your guide in the lobby for transfer to the airport for your onward flight.

Distance and journey time:

Transfer to airport: About 20 min

*****END OF SERVICES*****

“An itinerary may at times be altered by our guides due to local conditions, the skill of participants and other unexpected circumstances. Our priority is always the experience and safety of our clients.”

RATES AND CONDITIONS

ACCOMMODATION

City	Hotel	Hotel Category	Room Type
Siem Reap	Somadevi Angkor Hotel and Spa	First class	Deluxe
Banteay Srei	Bong Thom Homestay	Homestay	Homestay
Kbal Spean	Police House	Tent	Basic
Trekking Kulen	Remote forest	Tent	Basic
Kulen Waterfalls	Campground	Basic but nice	Basic but very nice
Beng Mealea	Homestay	Homestay	Homestay
Siem Reap	Somadevi Angkor Hotel and Spa	First class	Deluxe

Standard hotel check in 14:00 PM/ Check out 12:00 noon

PRICING: in US Dollars per person for shared twin/double

Rates are valid until: December 2020

Number of Persons	1	2	3-4	5-6	7-10	11-15	Single Supplement
Price per person	4,280	2,905	2,585	2,415	2,385	2,285	365

Note: Reservations during peak times (Christmas, New Year, Vietnamese Lunar New Year, National Holidays) may be subject to supplementary charges and compulsory meals

Our services include:

- Visa and Fast track Arrival Service (Please bring photos 4cm x 6cm) (for arrival only)
- Private air-conditioned vehicle for transfer and back up as itinerary.
- 2-person kayak on kayaking days (required for 2 pax per kayak for safety)
- Bike, helmet, 1 biking water bottle per person on cycling days
- Plenty of water provided throughout the day when walking, kayaking, or cycling.
- Snacks and local fruits
- Tent accommodation and nice bedding (or mosquito-proof hammock for the one remote night only) if no homestay is available
- Local permits for homestays
- Certified English Speaking Guide for 1-7 pax. 1 Assistant guide for 8-16 pax.
- 1 Very experienced kayaking guide for kayaking days only
- 1 first aid kit per guide
- Each guide will have a full set of travel bike tools
- Main support vehicle will have spare parts
- Meals as mentioned in the itinerary (B – Breakfast, L – Lunch, D – Dinner)
- Sightseeing tickets where mentioned in the itinerary.
- Accommodation as listed above.
- Flight reconfirmations

Our services don't include:

- Sunscreen and bug repellent
- Comfortable walking shoes and hat(s)
- Any Visa arrangement
- International or domestic flights
- Meals other than mentioned above
- Soft drinks, or beverages beyond water – we can add this into costs at agents request
- Beverage and alcoholic drinks at mealtimes
- Tips for guides, drivers, porters, waiters, etc.
- Energy drinks or powders, performance bars, or performance gels, etc.
- Personal Travel Insurance
- Personal expenditure (Laundry, telephone)
- Any other services not clearly mentioned in the itinerary and in the inclusive portion.
- Other language speaking guides

Important Notes:

- We strongly recommend the purchase of travel insurance (covering emergency medical evacuation) for trips
- Prices are valid 30 days from date of offer. Past this date price and conditions may be readjusted
- The cost of air tickets is subject to change without prior notice by the airlines
- Reservations during peak times (Christmas, New Year, National Holidays) may be subject to supplementary charges
- Rooms at hotels are available only from 1400 on arrival day till 1200 on departure date. A supplement will be added if early check-in or late check-out is desired
- Please note that all the above services & tours have yet to be booked, they are proposed for your information only and we will not make any reservations before we receive your confirmation to do so
- If one or some proposed service(s) is (are) not available at the moment of booking, we will try to find other possibilities/options or other similar service(s) in order to avoid changes to the program.
- **Payment/ cancellation:** 30% non-refundable deposit at the time of booking, balance due 60 days prior to departure. All payments to be made in NZ\$ using latest exchange rates at the time of booking/ balance due date. Cancellation conditions/ charges per our [T&Cs](#).