

Cycling - Chiang Mai to Bangkok 9 Days / 8 Nights

Ride up to 750 km of Historical Thailand. Peddle back in time with your first stop the cowboy town of Lampang where horse and cart means of transportation can still be witnessed today. Head off the beaten track as we ride on some of the most secluded and a beautiful road in Thailand as a canopy of palm trees provides some natural protection from the tropical sun. Head out of the Lanna Country to the historical old Siamese capitol of Ayutthaya – the centre of old Siam for over 400 years until it was sacked by the Burmese in 1767 before cycling your last leg into Bangkok.

- **Cycle 750 km from North to Central Thailand**
 Leave the “Rose of the North” behind on two wheels passing beautiful towns with each its own character until reach the urban jungle of Bangkok.
- **Pass historical locations along side roads**
 We always try to avoid the main roads but still passing the famous locations with a rich historical background.
- **Get a local experience**
 By passing by on a bicycle along smaller roads, you’ll get a lot of attention of the local people while they go around their daily activities.
- Cycle 750 km through Thailand
- Pass many historical sites
- Get local by passing villages on a bike
- Cycle through rice paddies as far as the eye can see
- Finish in the beautiful Bang pa-in Palace



Day	Destination	Activity	Difficulty	Transfer	Meals	Hotels
1	Chiang Mai Arrival	Cycling up to 25km	Easy	45 mins	-/-/-	Ban chang Tong
2	Chiang Mai - Lampang	Cycling up to 120km	Medium	-	B/L/D	Lampang River Lodge
3	Lampang - Uttaradit	Cycling up to 145km	Hard	-	B/L/D	Seeharaj
4	Uttaradit - Sukothai	Cycling up to 90km	Medium	-	B/L/D	Le Charme Sukhothai
5	Sukothai – Kamphang Phet	Cycling up to 85km	Medium	-	B/L/D	Navarat Heritage Hotel
6	Kamphang Phet – Nakhon Sawan	Cycling up to 165km	Hard	-	B/L/D	Aramis Hotel
7	Nakhon Sawan – Singburi - Ayutthaya	Cycling up to 110km	Hard	-	B/L/D	Classic Kameo Hotel
8	Ayutthaya – Bang Pa In - Bangkok	Cycling up to 30km	Easy	1.5 hrs	B/L/-	Ramada Plaza
9	Bangkok Departure	Transfer	-	45 mins	B/-/-	-

Day 1: Chiang Mai

(-/-/-)

We meet at 13:00 at meeting point (TBA) or hotel in Chiang Mai area where the guide will brief everyone thoroughly and make sure the bikes fit and enjoy Chiang Mai or go for a warm up ride in the area.

Overnight in Chiang Mai

Distance and journey time:
Cycling distance up to: 25km
Difficulty: Easy

Day 2: Chiang Mai - Lampang

(B/L/D)

After we leave the Chiang Mai traffic, we head towards Lampang on the old highway – a tree lined boulevard that is a real pleasure to ride along. The terrain is rolling on this section of the ride, and just passing the halfway point, there is a longish climb that gets quite steep at the end.



Lampang is called the cowboy town – you can still see horse-drawn carriages as a mean of transport. On the way, we will stop and visit the Elephant Camp and one of the oldest and most religious Chedis in Thailand, Wat Phra That Hariphunchai, built around 1044.

Overnight in Lampang.

Distance and journey time:
Cycling distance up to: 120km
Difficulty: Medium

Day 3: Lampang - Uttaradit

(B/L/D)

Today is a tough day as we have some hills to go over. We have three sets of hills and lots of undulating countryside. Some of the hills get steep towards the end so take it easy, but the support vehicle is not far away and ready to give you a lift if needed. We pass through teak forests, reclining Buddha and some beautiful temples. We are now truly into provincial Thailand, and we won't see many other tourists here – giving you a real Thailand experience!

Overnight in Uttaradit.

Distance and journey time:

Cycling distance up to: 145km

Difficulty: Hard

Day 4: Uttaradit - Sukhothai

(B/L/D)

We really head off the beaten track today as we ride on some of the most secluded and beautiful roads in Thailand as a canopy of palm trees provides some natural protection from the tropical sun.

We pass lush green paddy fields and many villages as we head towards the first capital of Thailand, Sukhothai. The 13th century reign is generally viewed as the “golden age” of Siam due to the fact that its influence spread west as far as Myanmar, east as far as Cambodia and south down into Malaysia.

Overnight in Sukhothai.

Distance and journey time:

Cycling distance up to: 90 km

Difficulty: Medium

Day 5: Sukhothai – Kamphaeng Phet

(B/L/D)

Kamphaeng Phet, also known as the “Diamond Wall City,” was a military fortress used to help defend Sukhothai from invading armies. The moss and flower covered ruins give it a quality that is not seen in the more popular and restored neighbor of Sukhothai. We have plenty of time to visit the sites by foot or by bicycle.

The ride to Kamphaeng Phet is on pleasant country roads with plenty of activity going on to keep your attention.

Overnight in Kamphaeng Phet.

Distance and journey time:

Cycling distance up to: 85km

Difficulty: Medium



Day 6: Kamphaeng Phet – Nakhon Sawan

(B/L/D)

We head into the heartland of Thailand today with our journey to Nakhon Sawan. You will quickly understand why Thailand is the top exporter of rice when you see the many paddies on your route today. Look out for water buffaloes wallowing in a puddle and for ducks taking a dip in a rice field.

This is an area of Thailand which is not visited by many tourists, so you will pique the interest of locals (especially if you tell them you have ridden from Chiang Mai!), and it is a good opportunity to stop and say Sawadee!

Our overnight is at a charming resort surrounded by lily pads in Nakhon Sawan.

Distance and journey time:

Cycling distance up to: 165km

Difficulty: Hard

Day 7: Nakhon Sawan – Singburi - Ayutthaya

(B/L/D)

Today, we really start to feel we are approaching Bangkok as we see signs of industrialization, but there are still plenty of open spaces with fields as well as small towns and villages along the way.

The ride is again on back roads that pass through many small towns. Don't forget to look up and wonder at the 60-foot long reclining Buddha in Ang Thong. Today, we reach the old Siamese capitol of Ayutthaya – the centre of old Siam for over 400 years until it was sacked by the Burmese in 1767. Also as a UNESCO world heritage site, this historical park boasts some spectacular temples that are best visited by bicycle in which is our next day program.



Overnight in Ayutthaya.

Distance and journey time:

Cycling distance up to: 110km

Difficulty: Hard

Day 8: Ayutthaya – Bang Pa In – Bangkok

(B/L/D)

Our tour today gives us a glimpse into the glory of the Ayutthaya Empire (1350-1767A.D.) by visiting the many remains of temples. The first visit of the day is by van to Wat Yai Chai Mongkol. This well-tended temple was founded by King U-Thong in 1357 as a center for monks returning from study in Sri Lanka.

We then transfer a short way to Wat Phra Mahathat to photograph the famous Buddha head entwined in tree roots before we ride our bikes to Wat Phra Sri Sanphet, the old palace, and Wat Chai Watanaram.

We leave the temples behind and head into the countryside on small back roads that follow the Chao Phraya River to Bang Pa-In, the former summer palace of King Chulalongkorn. Here, we have lunch and

visit the palace before we transfer to drop you off at your hotel in Bangkok. After check in quick freshen up before going out for Farwell Thai dinner at supatra River house with you guide.

Overnight in Bangkok

Distance and journey time:

Transfer from palace to hotel: up to 1.5hrs

Cycling distance up to: 30km

Difficulty: Easy

Day 9: Bangkok Departure

(B/-/-)

Time to say good bye Thailand. Transfer with A/C van to Bangkok Airport with Transfer guide.

Distance and journey time:

Ramda Plaza – Bangkok airport: 45 mins (35 km)

*******END OF SERVICES*******

“An itinerary may at times be altered by our guides due to local conditions, the skill of participants and other unexpected circumstances. Our priority is always the experience and safety of our clients.”

RATES & CONDITIONS

City	Hotel	Hotel Category	Room Type
Chiang Mai	Ban Chang Tong	First Class	Superior room
Lampang	Lampang River Lodge	First Class	Standard room
Uttaradit	Seeharaj	First Class	Superior room
Sukothai	Le Charme Sukhothai	First Class	Superior room
Kamphaeng Phet	Navarat Heritage Hotel	First Class	Standard room
Nakhon Sawan	Aramis Hotel	First Class	Superior room
Ayutthaya	Classic Kameo Hotel	Superior	Deluxe room
Bangkok	Ramada Plaza	Superior	Deluxe room

Check in time is from 14.00pm/ Check out time is at 12.00pm

PRICING: in USD per person for shared twin/double

Rates are valid until 31 Oct 2020

Number of persons	1	2	3-4	5-6	7-10	11-15	SGL Supp
Net Price per Person	3,849	2,195	1,789	1,615	1,489	1,309	295

Note : Reservations during peak times (Christmas, New Year, National Holidays) may be subject to supplementary charges and compulsory meals

Our services include:

- English Speaking certified Adventure Guide
- Meals as mentioned in the itinerary (B – Breakfast, L – Lunch, D – Dinner)
- **Mountain Bike** rental, helmet, 1 biking water bottle
- Drinking water including 3 litres per person per cycling day
- Snacks and local fruits
- 1 assistant guide for 11-15 cyclist, 2 assistant guides for 16+ cyclists
- Vehicles: (varies based on local conditions and vehicle sizes available). Private air-conditioned vehicle for transfer and back up as itinerary.
- 1 first aid kit per guide
- Each guide will have a full set of travel bike tools
- Spare parts:
 - spare tubes, chain lube, rags, 1 bottle of chain degreaser, 1 peddle wrench, 1 floor pump,
 - Or 1 spare bike
- Sightseeing tickets and zone entrance fees where mentioned in the itinerary
- Flight reconfirmations
- Luggage transfer

Our services don't include:

- Visa arrangement
- International and domestic flights
- Soft drinks, or beverages beyond water
- Beverage and alcoholic drinks at mealtimes
- Meals other than mentioned above
- Supplement for other language guides
- Tips
- Energy drinks or powders, performance bars, or performance gels
- Personal Travel Insurance
- Personal expenditure (laundry, telephone etc.)
- Credit card/bank transfer fees
- Any other services not clearly mentioned in the itinerary and in the inclusive portion
- Supplement for other language speaking guides

Important Notes:

- We strongly recommend the purchase of travel insurance (covering emergency medical evacuation)
- Valid 30 days from date of offer. Past this date price and conditions may be readjusted
- This trip can be done by Road Bike as well, but clients need provide their own bikes.
- Reservations during peak times (Christmas, New Year, National Holidays) may be subject to supplementary charges
- Rooms at hotels are available only from 1400 on arrival day till 1200 on departure date. A supplement will be added if early check-in or late check-out is desired
- Please note that all the above services & tours have yet to be booked, they are proposed for your information only and we will not make any reservations before we receive your confirmation to do so

- If one or some proposed service(s) is (are) not available at the moment of booking, we will try to find other possibilities/options or other similar service(s) in order to avoid changes to the program.
- **Payment/ cancellation:** 30% non-refundable deposit at the time of booking, balance due 60 days prior to departure. All payments to be made in NZ\$ using latest exchange rates at the time of booking/ balance due date. Cancellation conditions/ charges per our [T&Cs](#).

ADDITIONAL FARES		
ROUTE	AIRLINE	USD / Person
Bangkok – Chiang Mai	Thai Airways (TG)	\$159
Train Ticket		
Bangkok – Chiang Mai	1 st Class Sleeper Berth	\$55
	2 nd Class Sleeper Berth	\$35
Note: All fares, taxes and conditions are subject to change without prior notice.		