

## Multisport - Ultimate Southern Thailand 9 Days/ 8 Nights

Explore the wonders of southern Thailand's Khao Sok National Park where the beauty of nature is most spectacular at the 'Guilin' scenic area of limestone mountains. Continue on to Krabi and kayak along the coastline of Ao Thalane mangroves then snorkel, swim and rock climb the iconic Railay cliffs for an ultimate multisport adventure.

- Canoe down scenic Sok River
- Kayak the mangroves of Ao Thalane
- Cycle rural villages of Klong Thom
- Snorkel around tropical islands
- Taste iconic dishes of Krabi

Day	Destination	Activity	Transfer Time	Meals	Hotels
1	Surat Thani – Khao Sok	Arrival/ Afternoon Canoe	1.20 hours	(-/L/D)	Khao Sok Riverside Cottages (or similar)
2	Khao Sok	Private Lake tour	2 hours	(B/L/D)	Kaison Raft House (or similar)
3	Khao Sok - Krabi	Private Lake tour/ Evening street food tour	3 hours	(B/L/D)	Panan Krabi Resort
4	Krabi	FD Kayaking	1.30 hours	(B/L/-)	Panan Krabi Resort
5	Krabi	FD Cycling	1.30 hours	(B/L/-)	Panan Krabi Resort
6	Krabi	FD Island Hoping by long tail boat	2.20 hours	(B/L/-)	Panan Krabi Resort
7	Krabi – Railay	FD Rock climbing/ Eve. SUP	Flexible	(B/L/-)	Railay Princess Resort & Spa
8	Railay	Leisure/Farewell Dinner	30 minutes	(B/-/D)	Railay Princess Resort & Spa
9	Railay – Krabi	Departure	3 hours	(B/-/-)	-

### Day 1: Surat Thani – Khao Sok

(-/L/D)

Welcome to Surat Thani! Today the group will be picked up at Surat Thani airport and transferred to **Khao Sok National Park** for an exotic experience in the wonders and beauty of nature.

Check-in to the hotel and have lunch before getting ready for a two hour canoe trip down the scenic Sok River. After this, get back to the hotel and choose to spend some time swimming before dinner.

Overnight in Khao Sok.

Distance and journey time

*Transfer from Surat Thani airport to Khao Sok Resort: 1.20 hrs.*

**Day 2: Khao Sok**

**(B/L/D)**

After breakfast, hop on a van and transfer to Chiew Larn Lake for a Khao Sok National Park Adventure. Khao Sok is widely regarded to be one of Southeast Asia's premier natural wonders. Upon arrival, hop onto a boat and take a scenic one-hour journey across the lake to a beautiful raft-house.

Along the way, stop by the incredibly gorgeous 'Guilin Scenic Area'. Nicknamed after Guilin in China, karst limestone mountains dramatically rises out of the water here. After arriving at the raft house, check in and be treated to a scrumptious lunch of traditional Thai food including a curry and vegetable stir fry. Then, take a short paddle around the raft house before an afternoon hike through the jungle to learn about the flora and fauna of the area - one of the world's oldest and most pristine stretches of rainforest.



As the day winds down, jump on a longtail boat to go wildlife spotting with the guide and get a chance to see macaque and langur monkeys, hornbills, eagles, gibbons, and with a bit of luck, even a wild elephant! After returning, enjoy a traditional Thai dinner of curry and fish before retiring to the beautiful floating bungalow to spend a wonderful evening surrounded by nature.

Overnight in a floating bungalow.

Distance and journey time:

*Transfer from Khao Sok Resort to land office: 30*

*mins Transfer from Land office to pier: 30 mins*

*Boat ride: 1 hr.*

**Day 3: Khao Sok – Krabi**

**(B/L/D)**

Wake up to the sounds of forest birds chirping and gibbons singing in the forest. Hop on a boat in the morning mist and go on a wildlife-spotting boat safari. Upon arrival, have breakfast and enjoy the rest of the morning at the floating house or choose to go kayaking or swimming in the lake. Experience the breathtakingly beautiful limestone karsts formed in the backdrop of the evergreen virgin rainforest. Back to the resort for a savoury lunch and check out of the room at noon to be transferred to Krabi around mid-afternoon to check-in and freshen up.

This evening's tour will begin and we'll meet our local guide at the meeting place. Take a bite out of **Krabi's foodie scene with a fun evening walking tour**. Head to the town's night market or weekend market and

dive head first into the action. Wander the rows of street stalls, where wafts of freshly prepared dishes will get the mouthwatering. The guide will explain the different items on offer and chat to vendors to learn about their traditional recipes. Rub elbows with the locals and gain insight into Krabi's foodie culture. Snap photos of colorful stalls, capturing memories of this vibrant marketplace and slice of Thai life.

Stop to sample a variety of dishes. Taste southern-style snacks and seasonal tropical fruits. Pull up a stool at a popular stall and eat *kanom jeen*. This dish of white noodles, curry and fresh vegetables is beloved by Krabi's residents. A stop will also be made to enjoy *wan yen*, a refreshing, sweet dessert unlike anything in the western world. Filled with tasty Thai food and armed with a better understanding of Krabi's food culture, return to the hotel to have a good night's sleep.



Overnight in Krabi

Distance and journey time:

*Chiew Larn lake – Krabi: 2 – 2.30 hrs.*

*Krabi hotel – night market: 30 – 40 mins.*

#### Day 4: Krabi (Join-in)

(B/L/-)

Today's tour will begin after breakfast. Filled with spectacular landscapes, Krabi's waters are best explored at a slower pace. Hop on a kayak and paddle through the abundant mangrove area, taking in all the wonders from a unique point of view. Depart from the hotel this morning to meet with the kayaking guide. After a safety briefing and general instructions, glide into the water and let the adventure begin! Explore the beautiful scenery of Krabi without damaging the environment.

Visit remote areas which are only accessible by kayak. Move slowly and almost unnoticed along the coastline of Ao Thalane, passing mangrove forests, canyons, caves and lagoons. Have a very high chance of spotting wildlife such as rare birds and wild monkeys.



Having worked up an appetite, stop for lunch served at the pier, then paddle back towards the mainland, stopping on the way for photos and to swim in a natural pool. Return to the hotel in the late afternoon, with plenty of time to freshen up before watching another tropical sunset.

Overnight in Krabi.

Distance and journey time:

*Krabi hotel - Ao Thalane (Kayak area): 40 mins*

*Ao Thalane – Natural Pool: 20 mins*

***Pick up at 08:00-08:30 and arrival at Ao Thalane (Kayak area) about 10:00, this transfer is depending on the hotel location.***

**Day 5: Krabi (Join-in)**

**(B/L/-)**

Enjoy Savory breakfast before picked up for leg day in Krabi today! Today explore jungles and rural villages and cool-off in the emerald pool and warm up in the hot springs!

Upon arrival at Klong Thom, Meet with a local tour guide and set up the bikes, we head for the stunning Emerald Pool. This is real Thailand, providing a great opportunity to observe daily life of local communities and experience the natural beauty of the region. The terrain is mostly flat with easy up- and downhill, surrounded by rubber and palm oil plantations along the route.

Just before noon, take a walk through the national park for 20 minutes, with the opportunity to spot some wildlife along the way. Then enjoy a well-deserved swim in the unique Emerald Pool in the midst of the jungle.



Enjoy Lunch served at a local Thai restaurant outside the park. Then continue towards Hot Spring Waterfall. The waterfall is the highlight of the tour offering a very much deserved relaxing and refreshing bath in the natural mineral hot spring spa. After the tour, transfer back to hotel in Krabi and spend the rest of the day at leisure.

Overnight in Krabi.

Distance and journey time:

*Krabi hotel - Klong Thom: 1.10 hrs.*

*Back: 1.10 hrs.*

**Day 6: Krabi - Railay (Join-in)**

**(B/L/-)**

Today's tour will begin at 09:00. After being picked up from the hotel, be transferred to the pier before embarking the speedboat and head towards Phra Nang Cave Beach, a secluded peninsular which is inaccessible by car.

En route visit Poda Island, and continue to Tub and Mor Islands, two exotic tropical island. When the tide is down, walk along the sandy crossway joining the neighboring Island, Koh Kai

(Chicken Island). These islands are stunning jewels of the Andaman Sea with both lowland and majestic rocky cliffs bordered by long, white and sandy beach. A fun day for relaxing, sunbathing, snorkelling and swimming!



Overnight in Railay.

Distance and journey time:

Krabi hotel – pier: 30 mins

- Cruising by long tail boat: 3-4 hours

- Pick up at 08:00-08:30, embark on long tail boat (Transfer time can possibly be flexible depends on the circumstances)

- The luggage will be transferred to the hotel on Railay Bay, please make sure to keep all important belongings.

**Day 7: Railay (Join-in)**

**(B/L/-)**

After breakfast, get picked up by the local tour guide at the hotel. Take a short walk to the climbing area to get up-close to the stunning limestone cliffs of Krabi's iconic Railay Bay with this full-day rock-climbing adventure.



Get picked up at the hotel and voyage to the starting point, upon arrival, go for a safety briefing before starting to climb up the rocks.

Following the guide, be taken to spectacular locations to try rappelling/abseiling as well as top-roped rock climbing - a fun and safe activity for beginners and those who have prior climbing experiences. After completing the adventure, walk shortly back to the hotel to enjoy the beautiful sunset.

This evening, be amazed by the sea at night by Stand-up Paddle board (SUP), Experience the magic of bioluminescence on our Sunset Starlight Night Tour. Hi-tech LED lights and naturally occurring plankton illuminate the water below while the sunset and stars work their magic above. This experience is a truly unique, once in a lifetime adventure.



Overnight in Railay

Distance and journey time:

Pick up from hotel: for rock climbing at 8.00/ for Stand-up Paddle board at 18.00

Back to hotel from rock climbing at 16.00 or 13.00 for half day/ from Stand-up Paddle board at 20.00

**Day 8: Railay**

**(B/-/D)**

Spend the day at leisure, enjoy the tropical southern Thailand sun, sand and beach. When evening kicks off, prepare and get ready for the final celebratory dinner to mark the end of this amazing adventure.

Distance and journey time:

Short walk to restaurant: 15 mins

Back: 15 mins

Overnight in Railay

**Day 9: Krabi departure**

**(B/-/-)**

After breakfast get a transfer from Railay to Krabi airport for the onward flight.

Distance and journey time

Transfer from Railay hotel to Krabi airport: 3 hrs.

**\*\*\*\*\*END OF SERVICES\*\*\*\*\***

*“An itinerary may at times be altered by our guides due to local conditions, the skill of participants and other unexpected circumstances. Our priority is always the experience and safety of our clients.”*

**RATES & CONDITIONS**

**ACCOMMODATION:**

CITY	HOTEL NAME	HOTEL CATEGORY	ROOM TYPE
Khao Sok	Khao Sok Riverside Cottages (or similar)	First Class	Forest Room with ABF
Khao Sok	Kaison Raft House (or similar)	First Class	Standard Raft house with ABF
Krabi	Panan Krabi Resort	Superior	Superior Garden Room with ABF
Railay	Railay Princess Resort & Spa	First Class	Superior Room with ABF

Check in time is from 14.00pm/ Check out time is at 12.00pm

**PRICING: in USD per person for shared twin/double**

Rates are valid until 31 Oct 20

Number of Persons	2	3-4	5-6	7-10	11-15	Single Sup.
Price per Person	2,349	1,785	1,219	1,165	1,069	469

*Note: Reservations during peak times (Christmas, New Year, National Holidays, Loy Kratong, Chinese New year) may be subject to supplementary charges and compulsory meals.*

**Our services include:**

- Luggage transfer
- 1 group airport transfer in and out
- Vehicles: (varies based on local conditions and vehicle sizes available). Private air-conditioned vehicle for transfer and backup as itinerary.
- Activity quality gears
- Daily water
- 1 Adventure certified English speaking guide \* 9 days
- 1 assistant guide for 8 -16 PAX \* 9 days
- 1 first aid kit per guide
- Each guide will have a full set of travel bike tools
- Main support vehicle will have spare parts
- Meals as mentioned in the itinerary (B – Breakfast, L – Lunch, D – Dinner) ● Sightseeing tickets as mentioned in the itinerary.
- Accommodation as listed above
- All activities are sit-in-coach (SIC)

**Our services don't include:**

- Visa arrangement
- International and domestic flights.
- Soft drinks, or beverages beyond water – we can add this into costs at agents request
- Beverage and alcoholic drinks at mealtimes
- Meals other than mentioned above
- Other tipping or personal expenses
- Fruit and snack
- Energy drinks or powders, performance bars, or performance gels
- Personal Travel Insurance
- Personal expenditure (laundry, telephone etc.)
- Credit card/bank transfer fees
- Any other services not clearly mentioned in the itinerary and in the inclusive portion
- Supplement for other language speaking guides
- Snacks and local fruits
- Flight reconfirmations

**Important Notes:**

- We strongly recommend the purchase of travel insurance (covering emergency medical evacuation)
- Valid 30 days from date of offer. Past this date price and conditions may be readjusted
- This trip can be done by Road Bike as well, but clients need provide their own bikes.

- Reservations during peak times (Christmas, New Year, National Holidays) may be subject to supplementary charges
- Rooms at hotels are available only from 1400 on arrival day till 1200 on departure date. A supplement will be added if early check-in or late check-out is desired
- Please note that all the above services & tours have yet to be booked, they are proposed for your information only and we will not make any reservations before we receive your confirmation to do so
- If one or some proposed service(s) is (are) not available at the moment of booking, we will try to find other possibilities/options or other similar service(s) in order to avoid changes to the program.
- **Payment/ cancellation:** 30% non-refundable deposit at the time of booking, balance due 60 days prior to departure. All payments to be made in NZ\$ using latest exchange rates at the time of booking/ balance due date. Cancellation conditions/ charges per our [T&Cs](#).